

## Docking Course Outline

### Day One

Introduction and Theory- 1 hour

- Cover all of Chapter 1

Pre-Departure Preparations- 1 hour

- Chapter 2, page 2-3

Basic Power Handling Skills- 2 hours

- Exiting slip
- Hard turns under power; port and starboard; ahead and astern
- Standing turn
- Backing in a straight line
- Quick stop under power
- Maneuvering in close quarters
- Using wind to advantage in a turn

Docking Practice- 3 hours

- Head in to slip
- Backing in to slip
- Exiting slip
- Parallel docking; windward and leeward dock
- Exiting parallel dock

Critique and Discussion- 1 hour

### Day two

Theory- 1 hour

- Line handling; knots and hitches
- Tie up in a slip
- Parallel tie up
- Med mooring

Pre-Departure Preparations- 1/2 hour

Docking Practice- 5 hours

- Head in to slip
- Backing in to slip
- Exiting slip
- Parallel docking; windward and leeward dock
- Exiting parallel dock
- Med mooring

Critique- 1/2 hour

Written Exam- 1 hour